

'Exalt the Lord, Our God, and Worship at His Holy Mountain, for the Lord, our God is Holy." Psalm 99:9

P.O. Box 106, Likas 88856, Sabah, MALAYSIA

Tel: 421422, 016-8127654 (OfficeHours Mon-Fri); Fax: 088-429042

Web: http://praisemountain.wordpress.com/contact-us/ Email: praisemtkokol@gmail.com

### **HISTORY**

In the year September 1989, Brother Paul Wang from Sabah visited Korea to witness personally the tremendous spirit of prayer prevailing in the churches in Korea. Inspired, he established Praise Mountain, Kokol in **1991.** On the 6<sup>th</sup> December 1992, it was dedicated to the Lord as one of the many mountain facilities in Sabah, providing a place for Christians to "come aside to a quiet place and rest a while" (Mark 6:31) Situated 750 meters above sea level, the weather at Praise Mountain is cool all year round and the wilderness scenery makes it an ideal spot for relaxation. On a clear day, capture a view of Mt. Kinabalu towering 4095 meters over the mist-covered valleys.

### **FACIILTIES**

The double storey bungalow has a large living room, a covered open deck, a spacious dining area, a BBQ area and a kitchen equipped with utensils. Praise Mountain also has a cemented area that can be used as a court for Badminton, Sepak Takraw, Volleyball, or Basketball. Landscaped with a variety of fruit trees, flowers and fish pond, guest are encouraged to enjoy the serenity of country living however "take nothing but photographs and leave nothing but footprints." Mountain springs provides fresh water however guest are encouraged to conserve water.

### **ROOM CONFIGURATION & RATES**

The Praise Mountain can cater up to 42 persons in the following room configurations. Facilities are basic and provided on a "as where is" basis. Guest are expected to be responsible for their own safety and are expected to bring their own bedsheet/pillowcase/blankets, towels/ dish towel, soap/dish liquid, toilet paper, food etc.

MAINHOUSE OVERNIGHT RATES: RM30 per Adult (Subject to minimum 10 beds / Night)

DAY TRIPPERS: RM15 per Adult (12 years and above) (if no overnight stay, minimum 20 pax)

Children 4-11 years: 50% of above rate Children <3 years old: FOC

We only accept Glass House & Longhouse Bookings together with usage of the Main-house (RM300 payment – min 10 pax).

1. GlassHouse Per house - Joy - RM 150 per house (1 bed)

2. LongHouse Per Room - Hope - RM 100 for 2 single beds & Peace - RM 150 for 1 queen + 2 single

	Room Name	Room Configuration	# of Beds
		MAIN HOUSE	
A	Abide	4 bunk beds	4
В	Blessing	4 bunk beds	4
C	Compassion	12 bunk beds	12
D	Destiny	10 bunk beds	10
Е	Excellence	1 Queen Bed & 3 bunk beds	5
F	Faith	1 Queen Bed & 2 bunk beds	4
G	Grace (Downstairs)	1 Single bed	1
		TOTAL # of Beds:	40

	Room Name	Room Configuration
		GLASSHOUSE
Н	Joy	1 bed (King)
		LONGHOUSE
I	Норе	LONGHOUSE 2 single beds

Kindly bank in to our bank account as follows and fax us a copy of the bank in slip:

ACCOUNT NO: 0-1007-7400-713

ACCOUNT NAME: EVERGREEN BORNEO SDN BHD

BANK NAME: MALAYAN BANKING BERHAD Swift Code: MBBEMYKL
BANK'S ADDRESS: LOT 1, NOUNTUN INDUSTRIAL ESTATE, MILE 5 ½ JALAN TUARAN 88450 KOTA
KINABALU, SABAH, MALAYSIA BANK'S FACSIMILE: (6088) 428587

GETTING THERE (https://goo.gl/maps/aVRdpBMZN1MwWvCL8)

Praise Mountain is located about 25 km from Kota Kinabalu (about half an hour's drive away from Likas). These are 2 routes to reach Praise Mountain Retreat Centre:

#### OPTON 1: From Menggatal Town - Traditional Route

On Jalan Tuaran heading north, take the first right turn to Jalan Kokol after Menggatal Town. Passing the Menggatal Government Clinic on your left, keep on the main road at all times bearing right. Head to the summit of Kokol hills approximately 12 km on tarmac road, passing Kg. Kokol. The center is on the left hand side of the road before Kg. Sinagang.

#### OPTON 2: From Kiansom Road – Adventurous Route

Travel to the end of Kiansom Road passing Kg. Kionsom. Just after crossing a river at Kg. Kobuni , turn left on Jalan Kobuni traversing along a steep hill on partly sealed road to Kg. Bambangan Baru. At the T-junction, turn left towards Kg. Sinagang. Travel on the ridge for 3.5km. The center will be on the right hand side of the road.



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## PHOTOS OF PRAISE MOUNTAIN



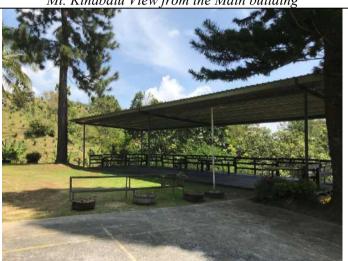
Praise Mountain (Kokol)



Mt. Kinabalu View from the Main building



Open Deck at Main Building



Open Deck at Garden



BBQ



Main House



Glass Hill Annex (JOY)



Rock of Ages (near entrance)



Car to park (outside / above Praise Mt along Road side



MultiPurpose Court. Effective 2018, all cars to park along the main road above. Below only for unloading / loading.



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## PHOTOS of PRAISE MOUNTAIN'S MAIN BUILDING FACILITIES



Living Room Area



Foyer



Kitchen with Utensils for 30 persons



Dining Area



Toilet inside Main Building



Outside toilet (4 units)



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## PHOTOS of PRAISE MOUNTAIN'S MAIN BUILDING BEDROOMS



Abide (4 bunk beds)



Blessings (4 bunk beds)



Compassion (12 bunk beds)



Destiny (10 bunk beds)



Excellence (1 Queen & 3 bunk beds)



Faith (1 Queen bed & 2 bunk beds)



Grace (1 Single bed) Ground Floor



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# PHOTOS of PRAISE MOUNTAIN -LONG HOUSE & GLASSHOUSE



Longhouse has 2 rooms

- HOPE & PEACE (with toilet attached)



GlassHouse (JOY) has 1 bedroom & Living Room and Toilet /Shower



Hope (Longhouse) 2 single beds with toilet



Peace (Longhouse) 1 Queen + 2 single beds with toilet



Glasshouse (Joy) Bedrooom (1 kingsize)



Sitting room



Sitting room



Toilet